

SESSION 3

Jesus Breaks the Bread

Bible Verse

Blessing on the one who comes in the name of the Lord! (Mark 11:9)

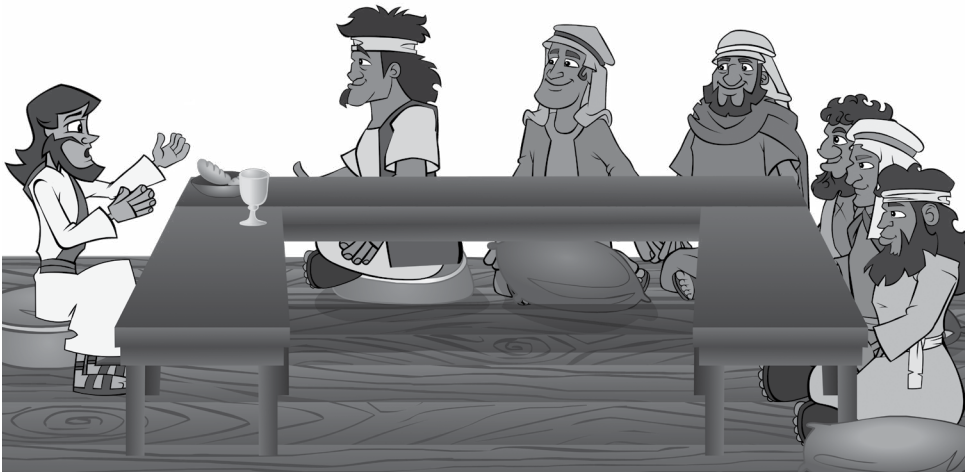
Did You Know?

Today's Scripture reading has us thinking about the Crucifixion. We see that Jesus is giving instructions to the disciples about the meal to be eaten at the time of the Festival of Unleavened Bread; a celebration that happens about the same time as Passover. We know that Jesus and his disciples are preparing for one last meal together.

This meal is about intentionality. Jesus is intentional about the location of the meal, the preparation, and who is present for the meal. This meal is typically celebrated with family; yet, Jesus has created a family of his disciples and followers. They gather together to celebrate.

Jesus knows that on this night he will be betrayed. Jesus tells his disciples he will be betrayed, but they really cannot believe that one of them would do such a thing. Jesus is only preparing the disciples; Jesus is being intentional about what he says to his followers.

As you discuss this Scripture reading with your class, remember as older elementary-age children, they understand betrayal. They may not call it by that name, but most have seen or experienced betrayal. Older elementary-age children are growing in their faith and will have questions. Remember to ask open-ended questions that help the children explore their relationship with Jesus and with the Bible story.



Bible Story

Mark 14:12-26

Anchor Point

We welcome Jesus in the name of the Lord.

Your Lesson

JUMP IN:

- ☐ Welcome
- ☐ Bread
- ☐ Jesus & Disciples
- ☐ Just the Bible

DIVE DEEPER:

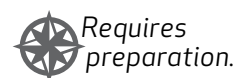
- ☐ Deep Blue Bible Adventure
- ☐ Jesus Breaks the Bread

GROW STRONGER:

- ☐ Hymns
- ☐ Learn & Serve with the Deep Blue Kids
- ☐ Chalice

WORSHIP:

- ☐ Prayer and Praise
- ☐ Bible Stories & Stuff





JUMP IN!

After welcoming the children, lead them into the Bible story with at least one of the following activities.



≈ TIP ≈

Welcoming children as they arrive helps them transition quickly into the class time.

WELCOME

Supplies: Class Stuff—pp. 2 & 31, Deep Blue Adventure DVD; DVD player; offering basket



Hang the Attendance Chart (Class Stuff—pp. 2 & 31).

- Play, “A Beautiful Sunday” (DVD), as you welcome each child.
- Show the children where to place their offerings and ask them to record their attendance on the chart.

BREAD

Supplies: Kids Stuff—p. 7, pens or pencils

- Hand out “Bread” (p. 7) and pens or pencils. Encourage each child to complete the puzzle.

JESUS & DISCIPLES



Supplies: Kids Stuff—p. 8, pens or pencils

- Hand out “Jesus & Disciples” (p. 8) and pens or pencils. Encourage each child to complete the puzzle.

JUST THE BIBLE

Supplies: Class Stuff—pp. 14 & 29, 12



Hang the “Unit 1 Bible Verse” and the “Unit 1 Bible Verse Signs” posters (pp. 14 & 29, 12).

- Read the verse together and teach the children the signs for the verse.
- Have the children sign and say the Bible Verse with you several times.

DIVE DEEPER

DEEP BLUE BIBLE ADVENTURE

Supplies: Bible Stories and Stuff—“Songbook,” Adventure DVD, DVD player, TV or projector and screen


- Hand out the “Songbook” (Bible Stories & Stuff). Using the songbook, invite the children to sing along with “A Beautiful Sunday” (Adventure DVD).

SAY: As the kids are getting ready for dinner, Edgar shares a story of Jesus and his disciples sharing a meal together. Let’s see our video.

- Show the children the Adventure DVD for today’s session.

JESUS BREAKS THE BREAD

Supplies: CEB Kids Bibles, Class Stuff—pp. 14 & 19

 Hang the “In the Name of the Lord” poster (pp. 14 & 19).

SAY: Our Scripture reading is from Mark 14:12-26. This is a great story of Jesus and his disciples. Let’s mime it out. This means that we will need people to mime out the actions as the story is read. We need Jesus, two disciples, man with water jar, and other disciples. As I read, each of you who are miming a part will act out that action. Let’s hear our Scripture.

ASK: I wonder:

- How it felt to have dinner with Jesus?
- How the disciples felt?
- How God was working in this story?

GROW STRONGER

HYMNS

Supplies: Hymnals

SAY: After Jesus and the disciples had their meal, they sang hymns and then went to the Mount of Olives to pray. For many who attend a worship service, hymns are sung during worship to praise God. I have hymnals here for us to look at.

- Look at the different kinds of hymns.

ASK: Do you know any hymns? How many different hymns can we find that are based on Scripture.

LEARN AND SERVE

Supplies: Leader Guide—p. 23 , Bible Stories & Stuff—session 3

 Photocopy “Cloud Bread” (Leader Guide—p. 23) for each child.

SAY: The people of Alaska eat Pilot bread which is like a cracker. The pilot bread comes in a can and is dry and crisp. Because we do not have the time to make Pilot bread we are going to make cloud bread. Cloud bread is easily made. We will mix it up and put it in the oven to bake. We will enjoy it at the end of our session. Your Bible Stories & Stuff session 3 has a recipe for Pilot bread you can take home with you and make with your family. Let’s follow the directions on our handout and make our cloud bread.

- Make cloud bread together.



≈ TIP ≈

Consider doing this activity in your worship space.

CHALICE

Supplies: Class Stuff—p. 8, plastic cups (It is suggested they be chalice shaped.), tissue paper, white glue, permanent markers, glitter, stickers

SAY: Communion is an important part of worship in the Christian church. Communion, also called Eucharist or The Lord's Supper, is experiencing God through an act that Jesus did with his disciples. Our Scripture verses tell us that Jesus broke the bread and shared it with his disciples. Then he took the cup and shared it with his disciples. We are going to make our own chalice, or cup.

- Invite children to decorate a cup. When they are finished, place the cups somewhere to dry.

WORSHIP

PRAYER AND PRAISE

Supplies: CEB Kids Bible, Leader Guide—p. 24, Adventure DVD, Bible Stories and Stuff—"Songbook," DVD player, TV or projector and screen, table, fabric for covering table, candle, cross on the table, water, cloud bread (from earlier in the session)



• Copy "A Christian Fellowship Meal" (p. 24) for each child.

- Sing together "A Beautiful Sunday" (Adventure DVD).

SAY: As we gather together for worship, let's remember our anchor point today is "We welcome Jesus in the name of the Lord." Our anchor point helps us to focus on Jesus. While thinking about Jesus from our story today let's light our candle for worship. (*Light the candle.*)

SAY: We are going to do a Christian Fellowship Meal as part of our worship today. A love feast reminds us of Communion. It is a time to be together and share God's love.

- Participate in the Christian Fellowship Meal.

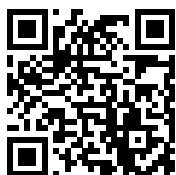
PRAY: Gracious God, we thank you that Jesus shared a very special meal with his disciples. Amen.

SAY: Remember to take home your Bible Stories & Stuff for session 3.



TIP

Do you have children waiting at the end of class? Check out the Deep Blue app at the QR code below.



Cloud Bread

Supplies

parchment paper, mixer, 2 mixing bowls, measuring spoons, measuring cups, baking sheet, oven or toaster oven, spatula

Ingredients:

3 eggs, separated

1/8 teaspoon cream of tartar

3 tablespoons softened cream cheese

Directions

- Preheat oven to 300°F.
- Separate the eggs into two bowls.
- Add the cream of tartar to the egg whites and use the mixer to whip into stiff peaks.
- Add the cream cheese into the yolks and mix until combined.
- Fold half of the egg whites into the yolks until just combined. Add the rest and fold again until incorporated.
- Line a baking sheet with parchment paper and place spoonful of the mixture on the tray .
- Spread out the circles with a spatula to about 1/2-inch thick.
- Bake for 30 minutes or until golden.
- Allow to cool.



A Christian Fellowship Meal

This meal helps us remember the meals Jesus shared with the disciples.

Prayer

Be present at our table, Lord;
Be here and everywhere adored;
Thy creatures bless, and grant that we
May feast in paradise with Thee.

Words: John Cennick, 1741, alt.

Scripture Mark 14:12-26

Passing the Bread

Pass from person to person.

Passing the Water

Pass around to each person.

Dismissal

Go now into the world.
Tell others about Jesus.
Amen.

