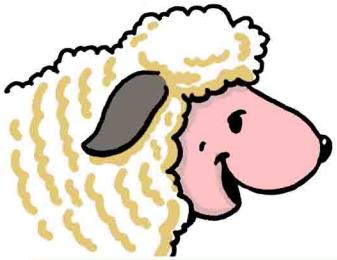
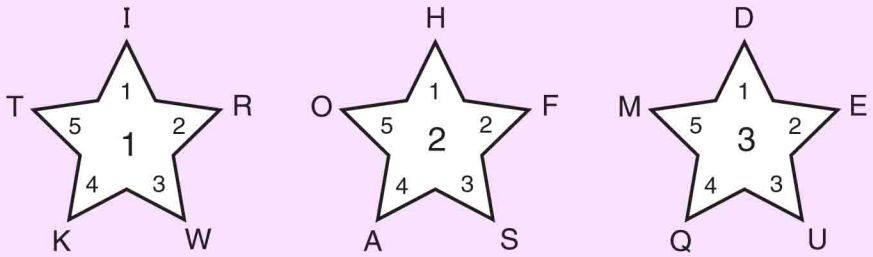
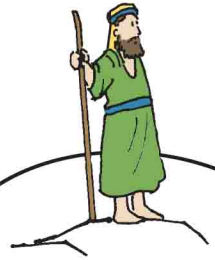


Moses prayed to God to "teach us to number our days." What did Moses want us to gain?

Use the guide below to fill in the blanks.
The first number is the star number.





Teach us to number our days,
that we may gain a

___	___	___	___	___	___	___
2,1	3,2	2,4	1,2	1,5	2,5	2,2

___	___	___	___	___	___.
1,3	1,1	2,3	3,1	2,5	3,5

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Children's Worship Bulletin™

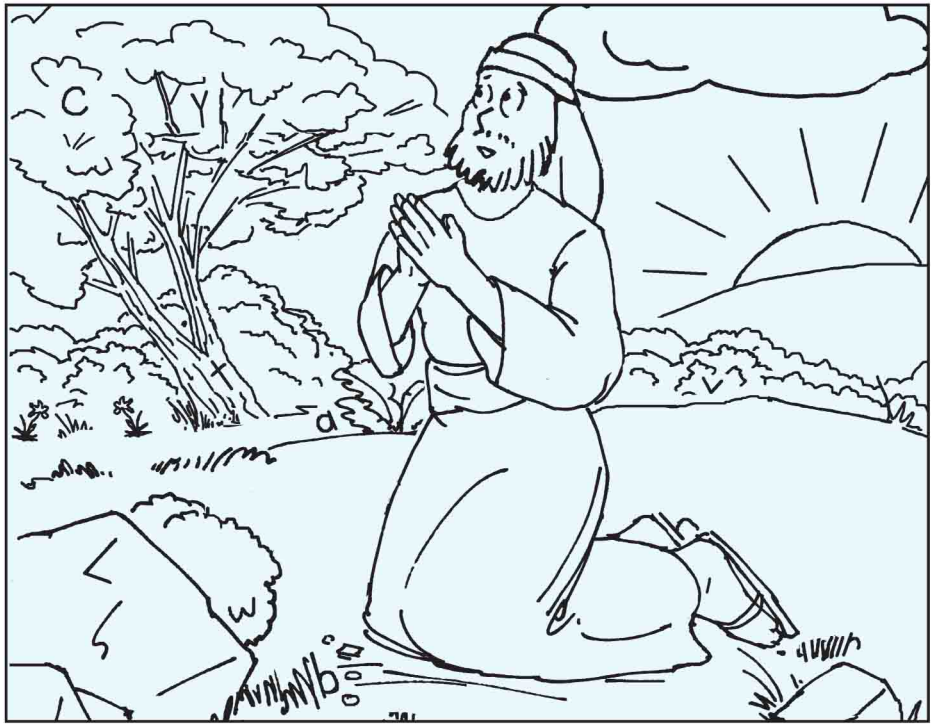
Ages 7+ **October 25, 2026 • Psalm 90:1-12**

God, Our Dwelling Place

This psalm is a prayer of Moses.
What did Moses say?

Find the underlined letters in the picture below.

"Lord, You have been our dwelling place
throughout all generations."

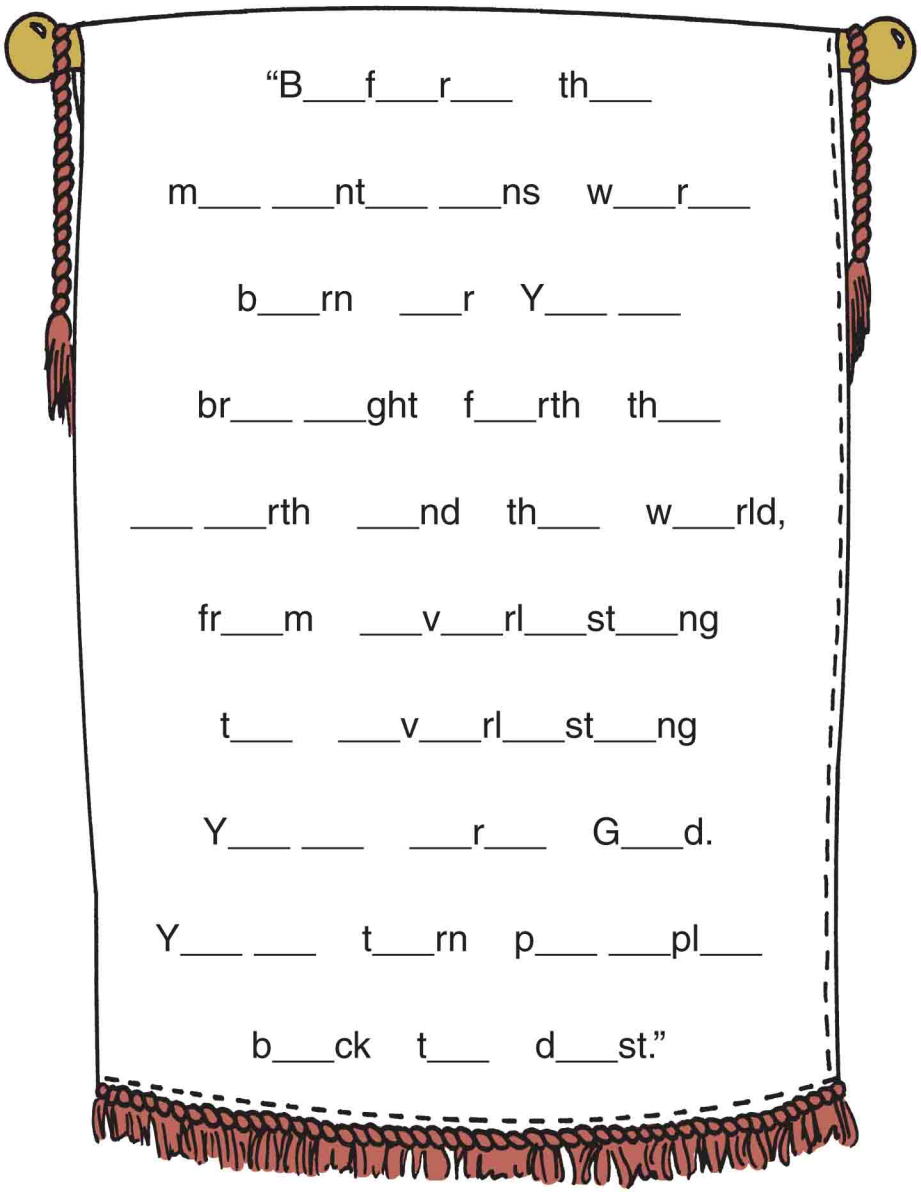


Westminster United Methodist Church
165 E. Main Street | Westminster, MD | www.wumcmd.org
Sunday Worship Service, 10:30am—ONSITE and ONLINE
YouTube, Facebook LIVE, ZOOM. www.wumcmd.org for more info.

What else does the psalm say?

Fill in the missing vowels.

e o e e o u a i e e o o o u o u o e e a a e
o o e e a i o e e a i o u a e o o u u e o e a o u



"B___f___r___ th___

m___ ___nt___ ___ns w___r___

b___rn ___r Y___ ___

br___ ___ght f___rth th___

___ ___rth ___nd th___ w___rld,

fr___m ___v___rl___st___ng

t___ ___v___rl___st___ng

Y___ ___ ___r___ G___d.

Y___ ___ t___rn p___ ___pl___

b___ck t___ d___st."

The psalm tells us more about the Lord. What did it tell us?

Write all of the 1's in order.
Then return to the top and write all of the 2's in order.
Then return to the top and write all of the 3's in order.

1 For	2 has	3 length	1 a	2 just	3 of
1 thousand	2 gone	3 our	1 years	2 by	3 days
1 in	2 or	3 is	1 Your	2 like	3 seventy
1 sight	2 a	3 years	1 are	2 watch	3 or
1 like	2 in	3 eighty	1 a	2 the	3 if
1 day	2 night	3 we	1 that	2 The	3 have

"_____ ___ _____

_____ ____ _____ _____

_____ _____ ___ _____ _____

_____ _____ _____ ____, ____

_____ ___ _____ ____ _____

_____ … _____ _____ ____

____ _____ ____ _____

_____ – ____ _____, ____

____ _____ the strength."